



Safe Data  
Safe Families

# What is Two-Factor Authentication (2FA)?

## ***What is 2FA?***

Two-factor authentication (2FA) provides an additional layer of security to your most important online accounts. When you have 2FA activated, you typically enter your password, then need to enter a PIN sent to your phone or use an authentication app to confirm your identity.



## ***How does 2FA protect my information?***

2FA requires a person have two pieces of information to access an account. This reduces the likelihood your account being compromised, even if there's a data breach.

## ***When should I use 2FA?***

You don't need to use 2FA on every account, but you should add it to accounts that contain sensitive information about you, like bank accounts and email.